

## Oor Mad History

We're a community history project based at CAPS. Set up in 2008, our aim is to reclaim and promote the history of activism and collective advocacy by people with mental health issues.

### Find out about our

- **Group Meetings**
- **Archive**
- **Oral History**
- **Books**
- **Mad Peoples' History and Identity Course**

### Group meetings

We are currently working on a new book about the local history of mental health activism and collective advocacy in recent years.

We are running regular Zoom sessions with people with lived experience of mental health issues to get involved.

Get in touch with Lindsay at [lindsay@capsadvocacy.org](mailto:lindsay@capsadvocacy.org) for more information.

## GET IN TOUCH

contact Lindsay Horton  
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Funded by NHS Lothian

**CAPS**  
independent  
advocacy

CAPS Independent Advocacy is a Scottish Charitable Incorporated Organisation.  
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# Oor Mad History



A community history project reclaiming and celebrating the history of mental health activism and collective advocacy in the Lothians

# Oor Mad History: A history of the Lothian Mental Health Service User Movement

## The project so far...

### Archive

We have created an archive by gathering material from various people involved in collective advocacy and mental health activism. It includes posters, leaflets, reports, notes and other written materials, as well as t-shirts, badges and postcards.

### Oral History

To date, trained volunteers have carried out over 70 oral history interviews with people involved in local collective advocacy and activism, and allies. These interviews have been recorded and transcribed.

Some of the archive and all of the recordings have been lodged with the Lothian Health Services Archive for safe keeping. Contact us if you are interested in accessing the archive.



### Book & CD

Our first book was launched in 2010. The book was created using quotes from the interviews as well as items from the archive. We also released a CD to accompany the first book, containing selected clips from the oral history recordings.

Contact us to get a pdf of the first book.

## What's happening now

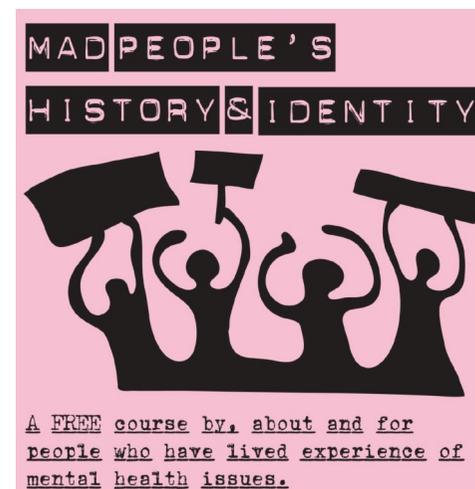
### New Oor Mad History book

We are currently working on a new book. The new book will aim to share and celebrate Oor Mad History in recent years and will focus on the history of collective advocacy and activism from 2010 to the present day.

We are conducting more oral history interviews for the new book. We are also updating the archive.

There are lots of ways to get involved with Oor Mad History. Contact us if you would like to be involved in any way.

## Mad People's History and Identity



In partnership with Queen Margaret University and NHS Lothian Mental Health and Wellbeing Team, we have developed a course called **Mad People's History and Identity**.

This is a free course by, about, and for people who have lived experience of mental health issues. It runs once a year.

Get in touch to find out more about the course.